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39TH ANNUAL ASJ HEART AND VASCULAR CENTER SYMPOSIUM



FRIDAY, APRIL 8, 2022

7:30 A.M. - 1:00 P.M.

ASCENSION ST. JOHN YOUTUBE CHANNEL



Ascension
St. John

Symposium Schedule

OPENING SESSION

7:30 A.M.

WELCOME, THOMAS KALAPURA, MD, MRCP, FACC,
MEDICAL DIRECTOR, ASJ STRUCTURAL HEART
DISEASE & CARDIAC CATHETERIZATION LABORATORY

REFLECTION. RONALD J. TREMBLAY, BCC, LPC, ASJ
VICE PRESIDENT, CHIEF INTEGRATION OFFICER

ADVANCED HEART FAILURE: UPDATE AND OVERVIEW

DOUGLAS HORSTMANSHOF, MD, FACC,
CO-DIRECTOR, INTEGRIS ADVANCED
CARDIAC CARE, ASSOCIATE CMO, IBMC

EVIDENCE-BASED LIFESTYLE MANAGEMENT IN CARDIOVASCULAR DISEASE, TREATMENT AND PREVENTION

RICHARD D. KACERE, MD, FACC, MEDICAL DIRECTOR,
CARDIOVASCULAR IMAGING, ASJ CARDIOLOGY

BALANCING THE RISK OF BLEEDING VS. STENT THROMBOSIS

ZAINAL HUSSAIN, MD, ASJ INTERVENTIONAL
CARDIOLOGY

ADVANCES IN THE MANAGEMENT OF ACUTE PULMONARY EMBOLISM

SAMEH SAYFO, MD, FACC, MBA, DIRECTOR, PERT
PROGRAM BAYLOR SCOTT & WHITE THE HEART
HOSPITAL-PLANO

ADVANCED MANAGEMENT FOR PULMONARY HYPERTENSION

LIOR SHAMAI, DO, MPH, ASJ INTERVENTIONAL
CARDIOLOGY

LIVE QUESTION AND ANSWER

NOON

CLOSING

1:00 P.M.

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Overview

The speakers for the CV Symposium will provide knowledge and expertise in current technology and guidelines to optimize care to the cardiovascular patient.

Objectives

At the conclusion of this activity, learners will be able to:

1. Healthcare providers will have knowledge on new trends in heart failure, deep vein thrombosis, pulmonary embolism, complicated percutaneous coronary interventions, and antiplatelet therapy.
2. Practitioners will identify areas in which new knowledge will help improve outcomes in the cardiovascular patient population.
3. Recognize the challenges in antiplatelet therapy especially when patients require triple therapy.

Credits - 5.0 Awarded for Attending Entire Symposium

AMA PRA Category 1 Credits™ (5.00 hours), General Attendance (5.00 hours), ANCC Contact Hour(s) (5.00 hours), IPCE Credit(s) (5.00 hours), ACPE Contact Hour(s) (5.00 hours)

Ascension is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the Healthcare team.

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Live Q&A Session

The presentations will be streamed throughout the day. Please login to your YouTube account to submit questions in the chatbox throughout the day.

During the live Q&A session, presenters will answer questions submitted by attendees.

ADDITIONAL INFORMATION AND INSTRUCTIONS MAY BE FOUND ON THE THE ASCENSION IPCE WEBSITE

Questions

Day of the Symposium:

Call Whitney Dockrey at (405) 642-2063

Email lori.lewis@ascension.org

After the Symposium:

Email:

Lori Lewis at lori.lewis@ascension.org

Susan Long at susan.long@ascension.org

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Attendance and Evaluations

1. Create an Ascension IPCE profile
2. Phone must be paired to the IPCE site for attendance to be recorded. Cloud CME app using promotional code "Ascension-CE-CME"

How to Pair Phone

Create a new contact in your phone:

Contact Name: CloudCME

Phone Number: 844-913-3020

Text email address entered into IPCE profile to 844-913-3020

You will receive a thank you message.

Using CloudCME Mobile App

Download the free CloudCME app to use your phone to access the Cloud CME site, and complete activity evaluations on your phone.

Apple app

After downloading the CloudCME mobile app, open the application on your mobile device and use the organization code "Ascension-CE-CME"

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Text activity code 3726 to (844) 913-3020 to mark attendance at the beginning of presentations

If you're unable to mark your attendance please email lori.lewis@ascension.org.

Attendance is required for all sessions with the completion of evaluations to receive 5.0 hours of CME/CE credit.

CME/CE credit is only awarded for attending all sessions, and the evaluation must be completed on the CloudCME app or IPCE website to receive credit.

If using the IPCE website, select "My CE/CME in the top right corner. Then, select "Evaluations & Certificates." Select the ASJ Heart and Vascular Center Symposium.

Enter 5.0 credit hours if you attended all sessions and complete all evaluations.

After receiving credit, certificates will be displayed in this area for 1-3 months. Please print or save any certificates before this time period ends.

(Note: All credits will be recorded on transcripts, available for download 24/7 in the "Transcripts" area of the portal - credits earned do not disappear from transcripts).

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Disclosure

Ascension adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Faculty Members with Financial Relationship Disclosures

Sameh Sayfo, MD, FACC, MBA, Director, PERT Program Baylor Scott & White The Heart Hospital-Plano

Honoraria

Boston Scientific Corporation

Terumo

Medtronic

Douglas Horstmanshof, MD, FACC, Co-Director, INTEGRIS Advanced Cardiac Care, Associate CMO, IBMC

Honoraria

Abbott - Consulting Fee

No other faculty members have financial relationships to disclosure.

No commercial interest was received for this CE/CME activity.



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Douglas Horstmanshof, MD, FACC
Co-Director, INTEGRIS Advanced Cardiac Care, Director, Heart Failure Institute and Associate Chief Medical Officer at INTEGRIS Baptist Medical Center

Douglas Horstmanshof, M.D., FACC, is Co-Director of INTEGRIS Advanced Cardiac Care and the program director of the Heart Failure Institute (HFI) at INTEGRIS Baptist Medical Center in Oklahoma City and also serves as an Associate Chief Medical Officer at INTEGRIS Health.

Dr. Horstmanshof was raised in Michigan and earned his undergraduate degree at Calvin College in Grand Rapids, Michigan. He attended medical school at Northwestern University School of Medicine in Chicago. He completed an internship and residency in Internal Medicine, followed by a fellowship in Cardiovascular Disease at Washington University in St. Louis/Barnes-Jewish Hospital where he served as Chief Resident for the internal medicine training program.

Dr. Horstmanshof received advanced training as the Hawes Fellow in Heart Failure and Cardiac Transplantation at Washington University, which was followed up by a faculty appointment there until moving to Oklahoma in 2005.

He is board-certified in both Cardiovascular Disease and Advanced Heart Failure and Cardiac Transplantation by the American Board of Internal Medicine.

He and the IACC team have made important contributions to research in the field of advanced heart failure, with publication in multiple journals, including the New England Journal of Medicine.

*Information is included from Dr. Horstmanshof's profile on the INTEGRIS website.

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Sameh Sayfo, MD, FACC, MBA
Director, PERT Program
Baylor Scott & White The Heart
Hospital-Plano

Dr. Sayfo is the Director of the PERT Program at Baylor Scott and White The Heart Hospital--Plano. Dr. Sayfo is an interventional cardiologist specializing in the management of cardiac diseases including atrial fibrillation, coronary artery disease, peripheral arterial and venous disease, and heart failure.

Dr. Sayfo graduated from Damascus University Medical School in 2007. He completed an internship in Internal Medicine at Clarian Indiana University Hospital in 2009 and a residency in Internal Medicine in 2011. Dr. Sayfo also completed a fellowship in Cardiology at the University of Louisville in 2014 and fellowship in Interventional Cardiology at Brown University in 2015. Dr. Sayfo is certified by the National Board of Echocardiography. Dr. Sayfo is also a Registered Physician in Vascular Interpretation (RPVI) certified by the American Registry for Diagnostic Medical Sonography.

His areas of expertise include complex coronary and peripheral artery interventions, atrial septal defect and patent foramen ovale closures, aortic valve treatment including valvuloplasty and transcatheter aortic valve replacement (TAVR), as well as endovascular aortic repair (EVAR) and carotid stenting.

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Thomas Kalapura, MD, MRCP, FACC
Medical Director, Ascension St.
John Structural Heart Disease &
Cardiac Catheterization
Laboratory, Ascension St. John
Heart and Vascular Center

Dr. Thomas Kalapura was raised in the state of Kerala in southern India. Dr. Kalapura attended Calicut Medical University, where he graduated at the top of his class. He moved to the United States in 1995 to continue his medical education. He completed his residency and was selected as the chief resident in Internal Medicine at New York-Presbyterian/Methodist Hospital in New York City, NY. Dr. Kalapura then completed his fellowship in Cardiovascular Diseases at the Ochsner Clinic Foundation in New Orleans, LA, where he was selected as a chief fellow in his final year.

After his time in New Orleans, Dr. Kalapura moved to the University of Oklahoma Health Sciences Center in Oklahoma City, OK, where he was an Assistant Professor in the Cardiovascular Division and completed an additional fellowship year in Coronary and Peripheral Vascular Intervention. In addition to his board certifications in Cardiovascular Diseases and Interventional Cardiology, Dr. Kalapura is also a member of the Royal College of Physicians in the United Kingdom.

In 2006, Dr. Kalapura joined the team of Interventional Cardiology at the Ascension St. John Medical Center. Dr. Kalapura was pivotal in starting the Complex Peripheral and Carotid Interventions in the Cardiac Cath Lab. He also spearheaded the development and expansion of the Structural Heart program. Additionally, Dr. Kalapura was instrumental in introducing Transcatheter Aortic Valve Replacement, Mitraclip Therapy, Left Atrial Appendage Occlusion, and the PERT (Pulmonary Embolism Revascularization Therapy) program. Under his leadership, the Structural Heart Program at Ascension St. John became the first program in Oklahoma to receive the Transcatheter Valve Certification from the American College of Cardiology.

Dr. Kalapura, and his wife, Betsy Thomachan, a nephrologist serving patients at Ascension St. John Medical Center, have three children. In his free time, he enjoys spending time with his family, playing golf, and exercising.

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Richard Kacere, MD, FACC
Medical Director, Cardiovascular
Imaging, Ascension St. John Heart
and Vascular Center

Richard Kacere, MD, FACC, is the Medical Director for Cardiovascular Imaging at the Ascension St. John Heart and Vascular Center in Tulsa, Oklahoma.

Dr. Kacere grew up in the Sandhills of Nebraska and completed his undergraduate studies in Biology at Nebraska Wesleyan University, graduating with Highest Distinction. He was then awarded the opportunity to attend Mayo Medical School in Rochester, Minnesota, graduating in 1992. He subsequently served eight years in the United States Navy, completing his Internal Medicine Internship and Residency at Naval Medical Center San Diego. Dr. Kacere was also selected for the flight surgeon program in Pensacola, Florida, and served as the Station Flight Surgeon in Iwakuni, Japan. Dr. Kacere's last tour of duty in the Navy was to fulfill the role of Internal Medicine Specialist on the fleet surgical team nine, completing a WESTPAC deployment to the Persian Gulf aboard LHD-4 "The Boxer."

After his service in the Navy, Dr. Kacere completed his Cardiovascular Disease Fellowship at the Texas Heart Institute, Baylor College of Medicine, at St. Luke's Hospital in Houston, Texas. He is board-certified in Cardiovascular Medicine and Nuclear Cardiology, and is a Testamur of Echocardiography. Dr. Kacere also achieved Level III status in Cardiovascular CT. Besides Cardiovascular Imaging, Dr. Kacere's other areas of interest include Lifestyle Medicine, Disease Prevention, Sports Cardiology, and overall health and wellness.

Dr. Kacere, and his wife, Piper, have three teenage children. They enjoy investing in the local Tulsa community, getaways to the Colorado mountains, and traveling internationally.

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Lior Shamai, DO, MPH
Interventional Cardiology,
Ascension St. John Heart and
Vascular Center

Lior Shamai, DO, MPH, is a cardiologist with the Ascension St. John Heart and Vascular Center. Dr. Shamai is board-certified in Interventional Cardiology, Cardiology, and Internal Medicine. He completed medical school at Nova Southeastern University College of Osteopathic Medicine in Florida. Dr. Shamai completed an internship and residency at the Cleveland Clinic in Florida, a fellowship at the Ochsner Heart and Vascular Institute, and advanced fellowship training at William Beaumont Hospital.

Prior to joining Ascension Medical Group St. John, Dr. Shamai practiced in Kentucky and held positions as the Paramedic Program Associate Medical Director at Kentucky Community and Technical College System as well as Vice Chief of Cardiovascular Services at Owensboro Health Regional Hospital. He has also held consulting assignments with pharmaceutical and legal firms, and is a published author, editor, and investigator.

Dr. Shamai performs general and interventional cardiology services. His services of invasive catheter and device-based treatment include Coronary and Peripheral Angioplasty and Stenting and Thrombectomy. Dr. Shamai is proficient in Peripheral Artery Disease (PAD) medical and interventional including Pulmonary Embolism and Deep Vein Thrombosis (DVT) management as well as Venous Ablation. Dr. Shamai independently implants and manages pacemaker and loop recorders and has a special interest in pulmonary hypertension management.

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Zainal M. Hussain, MD
Interventional Cardiology,
Ascension St. John Heart and
Vascular Center

Dr. Zainal M. Hussain, MD, is a board-certified fellowship-trained interventional cardiologist. He provides comprehensive inpatient and outpatient adult cardiovascular care.

Dr. Hussain completed medical school in 2001 at Gandhi Medical College in Bhopal, India. Dr. Hussain completed his Internal Medicine Residency in 2007, Cardiovascular Fellowship in 2011, and Interventional Cardiology Fellowship in 2012, at Saint Louis University Hospital, in St. Louis, Missouri.

Dr. Hussain is board-certified in Interventional Cardiology by the American Board of Internal Medicine, board-certified in Cardiology by the American Board of Internal Medicine, and board-certified in Nuclear Cardiology through the Certification Board of Nuclear Cardiology (CBNC).

Dr. Hussain is a published author, an officer for the ASJMC Medical Staff Cardiology Section, and is also a fellow of the Society for Cardiovascular Angiography and Intervention.

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Ron Tremblay, BCC, LPC

**Ascension St. John, Vice President,
Chief Integration Officer Ascension
St. John**

Ronald J. Tremblay has served as Vice President and Chief Mission Integration Officer for Ascension St. John for three years. Ron joined healthcare eight years ago as a Chaplain after serving as a Youth Pastor for over 20 years. He holds a Masters in Counseling from Oklahoma State University, and Masters in Divinity from the University of St. Mary of the Lake, Chicago, Illinois.

Ron oversees Mission Integration for the Oklahoma Ministry Market of Ascension including Ethics, Associate Formation, Spiritual Care, and Community Benefit and Engagement. Originally from Minnesota, Ron is an Eagle Scout, and served as a reservist in the Minnesota Army National Guard for ten years.

He has been married to his wife, Susan, for 27 years. They have two children, one of which was adopted 14 years ago through Oklahoma DHS.

